

St. Thomas The Apostle Anglican Church

110 Francis Street, Cambridge ON, N1S 2A1

“KEEPING IN TOUCH – October 2024”

Website: <https://www.stthomascambridge.ca/>

Facebook: <https://www.facebook.com/St.Thomas.the.Apostle.Cambridge>

A FEW DATES TO MARK ON YOUR CALENDAR

Tuesdays (1pm)

Bible Study: The weekly joint bible study will be held at St. Luke's for the month of October. Note: The study is based on the upcoming week's readings, so you do not need to have attended in the past to join in. It's a very lively group and everyone is welcome!



Thursdays (1pm)

Midweek Holy Communion Service: Pastor Craig invites you to join him every Thursday afternoon for a smaller, quieter gathering for worship followed by a time of discussion and learning.

Thursdays (1 pm)

ACW Meetings: Every 2nd and 4th Thursday of the month.

Tuesdays (10am-2pm)

Learn how to make milk bag rugs at St. Paul's Lutheran church, beside Trinity, and/or bring your dry & clean outer milk bags to be used. Contact Marlene Mercer for details.

Tues Oct 1st (10-5)

City to host 50+ Active Living Fair at Hespeler Arena, 640 Ellis Rd W

Sat Oct 5th (9:30-12)

Anglican Fellowship of Prayer: by Zoom OR in person at 9am at Trinity

Thur Oct 10th (10am)

Trinity Senior's Service and Luncheon: This is the month we prepare sandwiches. Check with ACW for when and if more help is needed

Sat Nov 2nd (4pm)

Deanery "All Saints" Evening Prayer: at St. Columba, Waterloo

Sun Dec 1st (10am)

Joint Service with St. Luke's: Pot Luck Luncheon and Fellowship to follow service

ANGLICAN FELLOWSHIP OF PRAYER

Saturday October 5, 2024

9:30 am—12:00 pm

By Zoom

Registration: Ms Susan Johnson—brlmail2@aol.com

HOW DO WE PRAY?

WHERE DO WE PRAY?

WHY DO WE PRAY?



Healing / Anointing—Ms. Sharon Frank

Praying in Creation—Rev. Stephanie Donaldson

Silent Retreat / Daily Office—Rev. Craig Love

Prayer Walking—Rev. Kimberly Myer

Tools Used in Prayer—Ms Libi Clifford



EVENT UPDATES....

The Big Clean-up Day!

A huge thank you to everyone who stayed after church on Sept 8th and pitched in as we sorted through decades of "stuff" hidden away in the kitchen cupboards and the maintenance room closets. Two full carloads of items were taken to a local thrift shop and electronic/hazardous waste depot. A good job, well done! 😊



A reflection from "YouVersion"

Choosing Thankfulness

1 Thessalonians 5:16-18 is a full sentence, but it's packed full of powerful commands:

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Today, let's look at the last of those three commands in verse 18: Give thanks in all circumstances.

This is one of those commands that, while simple, can feel daunting, or even impossible, at times. How do we feel gratitude when life isn't fair, when pain tries to push out our joy, or when doubt clouds our vision?

The beauty of this command isn't about the absence of difficulty, but rather our response to it. When we express gratitude in all circumstances, it isn't a denial of challenges. It's a bold declaration of faith. It's choosing to recognize God's presence and power even during tough situations, not despite them. We don't have to be thankful for our circumstances—but we can always choose to be thankful while we're in them.

Recall God's faithfulness, speak of His goodness, declare His character, and find strength in His promises when our own falter. Gratitude shifts our focus.

So, one more time, let's look at all three of these commands together: Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Commit these commands to memory. Recall them when you are happy, when you are sad, when you are unsure, when you are angry—in every season, in every moment.

Reflect on these commands today.

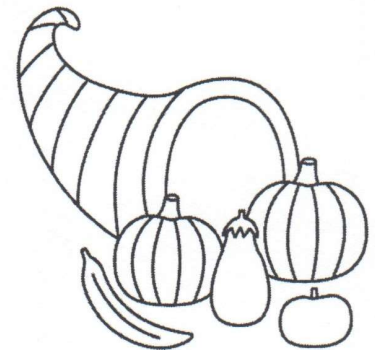
Thanksgiving Word Search

Instructions: Try to find all of the hidden Thanksgiving words in the word search puzzle below (Words can be spelled forwards, backwards, diagonally, up, or down.)



Word List

CARVE	HAT	SETTLERS
FALL	HAY	STUFFING
GRAVY	JOIN	TABLE
HAM	MAIZE	THANKFUL
HAPPINESS	SALAD	TURKEY



Nova Scotian Hodge Podge

Hodge podge is a favorite vegetable stew from Nova Scotia. It's typically made in the fall with the freshest vegetables possible, just as the gardens are being harvested. This recipe very much lends itself to tinkering by adding different vegetables in varying quantities.



Prep time: 25 min

Cook Time: 1 Hr 10 min

Servings: 6

Ingredients

- 1 cup fresh green beans, trimmed and snapped
- 1 cup fresh wax beans, trimmed and snapped
- 1 cup diced carrot
- 1 cup diced turnip
- 4 cups water, or as needed to cover

- ¼ teaspoon salt, or to taste
- 2 cups cubed new potatoes
- ½ cup heavy cream (Optional)
- 6 tablespoons butter
- ½ cup water
- 1 tablespoon all-purpose flour

Directions

1. Gather all ingredients.
2. Combine green beans, wax beans, carrots, and turnip in a stockpot; add water to cover.
3. Stir in salt and bring to a boil. Reduce the heat and simmer for 30 minutes.
4. Add potatoes and simmer until tender, about 30 more minutes.
5. Stir in cream and butter.
6. Whisk 1/2 cup water and flour together in a small bowl; mix into soup and cook until thickened, 3 to 5 minutes.

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