

St. Thomas The Apostle Anglican Church

110 Francis Street, Cambridge ON, N1S 2A1

“KEEPING IN TOUCH – January 2025”

Website: <https://www.stthomascambridge.ca/>

Facebook: <https://www.facebook.com/St.Thomas.the.Apostle.Cambridge>

A FEW DATES TO MARK ON YOUR CALENDAR

Tuesdays (1pm)

Bible Study: The weekly joint bible study will be held at St. Tom’s for the month of January. Note: The study is based on the upcoming week’s readings, so you do not need to have attended in the past to join in. It’s a very lively group and everyone is welcome!



Thursdays (1pm)

Midweek Holy Communion Service: Pastor Craig invites you to join him every Thursday afternoon for a smaller, quieter gathering for worship followed by a time of discussion and learning.

Thursdays (1 pm)

ACW Meetings: every 2nd and 4th Thursday of the month.

Tuesdays (10am-2pm)

Learn how to make milk bag rugs at St. Paul's Lutheran church, beside Trinity, and/or bring your dry & clean outer milk bags to be used. Contact Marlene Mercer for details.

Sun Jan 26th (9am)

Annual Vestry Meeting: Please plan to stay after church on the 26th for this very important meeting where we review the finances and events of the past year, make plans for the upcoming year and elect new council members & other positions to take care of business for 2025. If you are interested in joining our Congregational Council, please speak to Kathy Brown, Rick Furnival or Rev Karen Kovats. No experience necessary and everyone is welcome!

Wed Jan 29th (12pm)

Pulled Pork Luncheon Fundraiser This event is Hosted by Cheryl Haines in support of The Heart and Stroke Foundation. Please plan on joining us for great food and fellowship. It will be held in the Parish Hall at St Luke’s starting at 12:00 noon. The price is \$20.00. Tickets can be purchased from Ruth Gooding or Cheryl Haines 519-658-0762.





PWRDF

The Primate's World Relief
and Development Fund

The Anglican Church of Canada

In 2024, we will outline projects in which your PWRDF donations are used to help people around the world.

What is a “Rocket Stove”, you ask??

Rose Mueni, 59, lives in rural Kenya. The mother of nine works hard to feed her family and like so many of her neighbours, she cooks meals over an open fire in her kitchen hut. But thanks to a new project with the Anglican Development Services Eastern (ADSE), funded by PWRDF, Mueni is now breathing easier with the addition of a rocket stove.



The traditional method of cooking inside, over an open fire, creates environmental challenges for the community. The excessive smoke produced by open fires posed a significant health threat to Mueni's family, particularly to the women and children who spend more time in the kitchen than men.

In a rocket stove, wood is fed into a small chamber, so even small pieces of wood or twigs work. The fuel chamber leads to a horizontal “burn tunnel” that sucks the heat and emissions from the fire. These emissions, such as soot or creosote are combusted in the burn tunnel, releasing even more heat, but not smoke, improving indoor air quality.

One of the most significant advantages of the rocket stove is its reduced firewood consumption because it is built to burn wood more efficiently. This lessens the physical burden on the person cooking and leads to cost savings for the family.

By reducing firewood usage, the household also contributes to preserving trees in the location, aligning with bigger goals to combat deforestation and mitigate climate change.

“Look at how cleanly the fire burns now, with no smoke!” says Mueni. “We are so grateful to the Primate's World Relief and Development Fund and ADSE for making this project possible.”

In Mueni's kitchen, she shows the traditional three-stone stove she once used (lower right) and the soot-stained kitchen walls it left behind.

The project has also had a positive impact on the local community, particularly in terms of empowering women and youth. Kariuki, the woman who constructed Rose's stove, has gained a valuable skill set and a steady income source, enabling her to contribute to her community's development and help provide for her family.



"I wish you", very beautiful poem by Victor Hugo

I wish you first to love,
and that loving, also be loved.
And, if not, be brief in forgetting
and that after forgetting, don't hold grudges.
I wish, therefore, that it is not so, but that if it is,
You know how to be without despair.

I wish you also have friends,
and that, even bad and inconsequential
Be brave and faithful, and at least
there is one to trust without hesitation.

And because life is like that,
I wish you also to have enemies.
Neither many nor few, to the exact extent,
so that sometimes you wonder
Your own certainties. And that among them,
there is at least one that is fair,
So you don't feel too safe.

I wish you also to be useful,
More not irreplaceable.
And that in bad times,
when there is nothing left,
that utility is enough
To keep you up

Likewise, I wish you to be tolerant,
not with those who make little mistakes,
because that's easy, but with those who
they are very wrong and hopelessly
and that making good use of that tolerance,
serve as an example to others.

I wish you, being young, not mature too quickly,
and that already mature, do not insist on rejuvenating,
and that being old do not dedicate yourself to despair.
Because every age has its pleasure
and your pain and you need to leave
Let them flow between us.

I wish you by the way that you are sad.
Not every year, but just one day.
But on that day you discover

That daily laughter is good, that laughter
usual is bland and constant laughter is unhealthy.

I wish you to discover,
with maximum urgency, above
and despite everything, they exist,
and that surround you, oppressed beings,
treated with injustice and unhappy people.

I wish you to pet a dog,
feed a bird and hear a goldfinch
to win his morning song triumphant,
why in this way,
You will feel good for nothing.

I also want you to plant a seed,
however tiny, and the
accompany your growth,
for you to discover how many lives
A tree is made.

I wish you also have money,
because it is necessary to be practical,
And that at least once
per year put some of that money
in front of you and say: "This is mine."
just to make it clear
Who owns who.

I wish you also that none
of your affections die, but what if
die some, you can cry
Without regretting and suffering without feeling guilty.

I wish you finally that, being a man,
have a good woman, and that being
Woman, have a good man,
tomorrow and the next day, and when
are exhausted and smiling,
Talk about love to restart.

If all these things happen,
I have nothing more to wish you.





Kind and Gentle Souls around the World · [Follow](#)

Shineon Kember · 1d ·

We are like crayons... I may not be your favorite color, And you may not favor the hues of others., But one day, we'll find that we need each other to complete the masterpiece....For it's in the blending of differences that the most beautiful pictures are painted.... And together, we create a story far greater than any single color could tell.

